Changing suits on defense is often bad bridge. "Passive" defense is most effective on about 70% of hands. Below are "frozen" suits - holdings of the declarer that should not be led by the defenders. If declarer has to play these suits, they will take one less trick. If the defenders lead such suits, the declarer will take one more trick than otherwise.

Here are some frozen suits

1.	Qxx	Jxx					
2.	Кхх	Qxx					
3.	ATx	KJx (eliminated the Q guess)					
4.	ATx	Jxx	(if J led, S covers)				
5.	КТх	Q9x	(eliminated the J quess)				
6.	ATx	К9х	(they contribute Q or J, finesse for other one)				
7.	West saving o	declarer a gues XX KJX	s Qxx	8.	And again, declarer Qxx	thanks West XX KJX	Ахх
9.	Tx to either defender Axx		10	Tx to either defende	er Kxx		
	Кхх		JTx		Q9x		ATx
		Q9x				Jxx	

On behalf of all the declarers who will benefit from nice defenders who will break all of our frozen suits, a big THANK YOU !!

Web site w some play details: http://youth.worldbridge.org/what-is-a-frozen-suit-by-david-bakhshi/